Fran-no-tations

I loved our first meeting! I am especially excited about the Block of the Month that Sandy Sanders is hosting. I’ve already started the block she gave us and hope to be able to show it to everyone at our next meeting during the Show and Tell segment. I want to welcome all those who attended! I especially want to make it clear that we are a Christian organization, though all are welcome to join us to enjoy our socialization and pursue education and sharing to improve our quilt-making skills and knowledge.

The Board met twice in August to plan for the upcoming year and conduct the administration and business of AHQ as efficiently as possible. We will be updating the by-laws; discussing suggestions for group outing; creating and monitoring the new budget (See the proposed budget in this newsletter; we will vote on it at the September meeting); and reviewing plans for meetings, workshops, programs and the retreat. Please bring any ideas, suggestions, or concerns to the attention of a board member. We may be sending out short survey emails to our members to gauge opinions on matters the board is considering.

Yes, we still need volunteers. We are especially interested in getting someone to help Wendy in her role as head of the 2014 AHQ Quilt Show by agreeing to take on the responsibilities, right away, for the opportunity quilt. If you volunteer, you can participate in the creation of a quilt that will be a work of art and treasured by some lucky person.

I am looking forward to the change of seasons, though we will have many warm days to come. Fall colors are my favorite color scheme, and I love to create quilts in those colors. I enjoy staying indoors with friends on cool autumn days to piece and talk. I love treks to quilt shops, far and near, and enjoy driving trips through our mountains with their crisp air and coats of many colors. I look forward to seeing you at the September meeting!

Bring one “Fat Quarter” to our meeting and you will be eligible to win a stack of Fat Quarters. Each meeting someone will choose a theme or color fabric for our next meeting.

AUGUST FAT QUARTER DRAWING “PURPLE”

August WINNERS for “Yellow/Orange”: Kim Sims, Lora Cruz, Theresa Aubrey

Remember a fat quarter is a fabric cut 18” x 22”.

QUILT SHOWS IN OUR AREA

Sept. 27-29 “Asheville Quilt Show” WNC Ag Cntr, across from airport. $6 admission
Oct. 3-6 “Sycamore Stitchers Quilt Show,” Elizabethton, TN

AHQ’s Working Members

Thank you to the many working members who responded to the Board’s request for suggestions on how to better serve our working members. It looks like a Sit and Sew on a Saturday once a month is the #1 suggestion. We will talk about possible schedules at the Sept. meeting.
August meeting – We enjoyed showing our summer projects during “Show & Tell time!

- Wendy Oliver (for charity)
- Phyllis Dewey (Pineapple Chunks)
- Sandy Babel (right side up)
- Kim Sims (Oh say can you see…)
- Debbie Worrell (Dinner time)
- Shelby Clark (plus 16 others)
- Angie Harris (for sale in shop)
- Sandra Shell (Butterfly Effect)
- Portia Sams (not finished yet)
- Coleen Falasca (Quiltfest Workshop)
- Jolene Stratton (will be in Asheville Quilt Show)
- Lora Cruz (BOOOO!!)
- Barbara Kirk (Confetti Christmas)
- Beth Blasinski (families State blocks)
- Fran Tafer (displayed at Carroll Reese Museum)
- Pat Bond (made from fathers ties)
- Beverly Nuckols (submitted to magazine)
- Sandy Sanders (sending to Oregon)
Sandy Sanders handed out the first “Block of the Month” (BOM) at the August meeting. Each month thereafter she will email each member the next block, for a total of 9 months. There are written directions for two different sizes, which will finish either as a 68” x 82” or 34”x 41” wall hanging. This is a great way to use up scraps!

When you complete a block, please bring them to the upcoming meetings.

SEPTEMBER MEETING: Meet Janie Haun, she graduated Chiropractic school in 2007 and began to work at an office in Johnson City. She then, after a year, moved to Kingsport and began working for another chiropractor. Janie worked with this office for almost two years. It was then she decided to answer the calling to open her own office. She really had no means of opening her own office, but knew through prayer she would be able to reach her dream. The day after she resigned from her second chiropractic office, she had her own, not even knowing how she would afford a desk. A month later Janie was open for business.

Janie was so excited to have her own place in such a great town. Since she opened her doors on the first of March, 2011, she has seen over 800 patients throughout the area. Helping her decorate her office by donating items, Janie says the people of Kingsport are some of the nicest she has ever met. She loves serving her community, and as a mother of five she also loves children. Janie works on children below 18 for free because she knows it is very important and more effective if people start to see chiropractors at a young age. Janie is most interested in her clients. She measures patient’s progress and satisfaction through their reports of increase in function.

Janie Haun is dedicated to her profession and clients and loves what she does every day. It is clear from her story why she won the KOSBE (Kingsport Office of Small Business Development and Entrepreneurship) Award for Rising Star. The talent she possesses is unbelievable and her drive is unstoppable. From client base and customer review, it is easy to tell Haun Chiropractic will be one of the memorable places in Kingsport. Janie thanks God every day for her blessings.
Appalachian Heritage Quilters
2013-2014 Calendar

From Project V.P. Jeanette Duncan

(All meetings start on Thursdays at 6 p.m. Crossroads Christian Church unless otherwise noted.)

☑ Sep 19th - Sit & Sew 2 p.m. / Dr. Janie Haun (chiropractor speaking on ergonomics and exercises to keep yourself healthy while sewing)
☑ Oct 17th - Sit & Sew 2 p.m. / Jolene Stratton (needle turn appliqué); Robin Noel (blanket stitch)
☑ Nov 21st- Sit & Sew 2 p.m. / Auction
☑ Dec 5th - Christmas party
☑ Jan 16th - Sit & Sew 2 p.m. / Quilt pattern presentation TBD
☑ Feb 20th - Sit & Sew 2 p.m. / Renee Pitts (color / design)
☑ Feb 22nd - Renee Pitts workshop (color / design)
☑ March 20th - Sit & Sew 2 p.m. / Challenge quilts
☑ Apr 17th - Sit & Sew 2 p.m. / Nancy Culbertson (Swoon quilt pattern)
☑ May 15th - Sit & Sew 2 p.m. / Sue Jones trunk show
☑ May 17th - Sue Jones workshop

!!!!!!!!!!!!!! THE QUILTERS ARE RETREATING !!!!!!!!!!!!!!

We are retreating from housework, jobs, kids, husbands and just everyday life to get away and sew with our sisters. I can’t wait.

Those of you who are retreating need to remember to get prepared to play strip poker, visit, talk, eat and sew. I will send out driving directions, arrival times, phone numbers for retreat center and any last minute details the week before we RETREAT. Still some rooms available so tell your girl friends to join us.

Portia

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APPALACHIAN HERITAGE QUILTERS
2013-2014 PROPOSED BUDGET

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OPPORTUNITY QUILT

The pattern for the opportunity quilt will be distributed at the September meeting. I plan to bring an extra sewing machine to the retreat and have it set up and it will be available for anyone who wants to work on the quilt and will call it the Opportunity Station.

Coleen Falasca

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Our new directory will be emailed soon. These are a few email changes to note:
Coleen Falasca falascatoo@icloud.com
Joanne Ealey J.ealey@charter.net
pieces of My Quilt
If quilts could talk, I'd like to think I'd hear just what they'd say.
"I'll hold you close within my folds and wipe your tears away.
I'll keep you warm and give you strength to face another day."
If quilts could talk.....

Carol Fish
Noreen and her sister
Angie and Harvey: Harvey's dad in hospice
Portia having foot surgery in November
Sandy Sanders bone cancer and headaches
Our schools (safety), students, teachers and staff for safety and a year of wonderful learning
Our quilting guild...the board...decisions being made. Our country, Our daily blessings, All who are traveling
Our parents and we as children being their caregivers

Blessing: our daughter's close friend just told her that her CT scan didn't find any more cancer in her lungs at this time. (Hodgkins Lymphoma) and she will be able to go under a stem cell procedure (I believe) and hopefully will go into remission. Thank you Lord!! Leslie was Erin's maid of honor and close friend age 28.
Please pray for our granddaughter, Katy, who started Pre-K this week at public school.

God bless you all, Beth Blasinski

Welcome NEW MEMBERS

Sharon Deming
Sharon found us on Google Search. “I loved sewing and fabric since I was 8, but focused on clothes and home décor. When I heard that my only niece was having a baby, I just had to make a quilt. It was awful. With no one to help me, I learned the very hard way – trial and error, and error. Thankfully, I had the internet for information and examples. ABOUT YOURSELF? “My cute DH (dear husband) and I have been married for 9 years – after being married to the wrong spouses for 30 years each. We met in college when we were 18, and are so blessed to have re-discovered each other! He is the love of my life. We completed our move here from Raleigh this past May, and love being retired here. I teach line dancing at the Jonesborough senior center, and design easy traditional quilts which are for sale on craftsy.com.” Sharon has not been a member of another guild before but in Raleigh she was desperate for a quilting family so she started a sit & sew type group at the senior center in Wake Forest, NC a few years ago.

Alison Gilliam
Alison learned to quilt from her Granny. “I’ve been married 46 years, 5 children, 15 grand children, 1 great grandchild. Originally from Florida, but have been here 9 years. I own a lavender farm and a shop in Jonesborough. A Lavender Manor, LLC – shops Scott County Lavender, previous member of Sweet Adeline’s, Civil War re-enactment and I love history.”

Lora Cruz
Lora works ALL THE TIME at Hancock’s in Johnson City. Stop in and say hi!
Fran Tafer called the meeting to order at 6:08 pm with Pat Myrick leading us in prayers. Visitors were welcomed along with all returning members. Members were reminded to pay the $20 yearly dues. Officers for 2013-14 were introduced.

Minutes from the May 16, 2013, meeting were approved as amended.

Treasurer's Report: $3,400 in checking, $5 in savings

OLD BUSINESS
1. Jeanette Duncan presented an outline of the programs scheduled for the year. It will also be posted on the website and newsletter.
2. Wendy Oliver requested help on the many committees needed for our Mar. 2014 quilt show. Please contact her if you are willing to help in any way. A volunteer to head the "Opportunity Quilt" committee is needed now so that the pattern can be distributed at the Sept. meeting. We will not be having a "Yard Sale" at the show this year, except for quilting books/magazines. Linda Hawkins volunteered to head the "Kitchen" committee for the show.
3. Fran Tafer stated that the Board will be meeting each month to organize the business of the guild. Please contact any Board member if you have questions or suggestions.
4. Linda Hawkins volunteered to chair the Christmas party this year. Angie Harris is also on the committee.
5. The Proposed Budget for 2013-14 was presented and will be in the newsletter.
6. Teresa Aubrey would like a committee to help with deciding on the Guild Challenge for Mar. 2014. It will be announced at the Sept. meeting.
7. Portia Sams reported that the retreat still has openings. Deposits and balances are now due. Four meals are included in the payment. Members can bring their own drinks and snacks. Coffee is being provided by the guild and drinks do come with the meals. A refrigerator will be available for members to use. Directions to the retreat will be in the newsletter.

Members coming Fri. or Sun. will be charged $25 for one meal. Members coming on Sat. will be charged $30 for 2 meals. Each member should bring 3 2.5" strips of Christmas fabric for our game. Members do NOT need to bring tables or chairs. The retreat will be in 2 bldgs - unload sewing on lower level, sleep upper level.
8. Colleen Falasca, Historian, announced that the AHQ facebook page is up.
9. Sandy Sanders will be doing a new AHQ directory after the Sept. meetings.
10. Wendy Oliver needs a committee to coordinate Charity this year. Robin Noel volunteered to bind the quilt made for Niswonger's Children's Hospital. Wendy reviewed the 2012-13 charities. There will be patterns for charity items at the next Sit & Sew at 1:00 on Sept. 19. It was also suggested that each member going to the retreat do one charity project while there.
11. Fat qtrs. were coordinated by Kathleen Jones and the winners were Kim Sims, Lora Cruz, and Teresa Aubrey. Fat qtr. for Sept. will be purple.

NEW BUSINESS
1. Angie reported that AHQ will be hanging quilts monthly in the Gray Library. Please contact her if you would like to show your quilt. (see below)
2. The auction will be held on Nov. 20 with Jolene Stratton coordinating and Jeff Stratton our auctioneer.

The meeting was adjourned at 8:15.

Many members shared their summer projects in person or through slides. The program was a slide presentation of the Paducah AQS Quilt Show in April 2013.

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Treasurer's Report

Beginning Balance $4644.53

Dues are to be paid ASAP, $20.00 Also, retreat monies are due ASAP. Send them to Jolene Stratton, 406 Mt. Zion Church Rd., Jonesborough, TN. 37659

GRAY LIBRARY

We are scheduling quilts to be displayed at the Gray Library. So far we have the following scheduled for this year. If you would be willing to show your quilt, please contact Angie Harris for details.

August: Angie Harris
Nov.: Open

Sept: Beverly Nuckols
Dec.: Barbara Kirk
Oct.: Open