

# Appalachian Heritage Quilters

Crossroads Christian Church

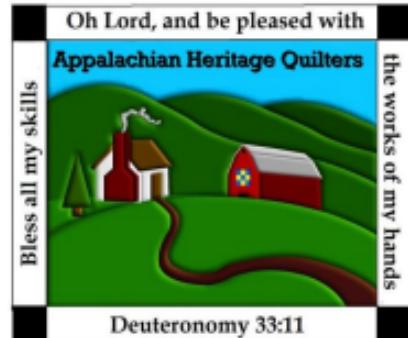
1300 Suncrest Dr. Gray, TN

**Issue 166 - January, 2026**

**Website:**

[www.appalachianheritagequilters.org](http://www.appalachianheritagequilters.org)

**facebook:** [www.facebook.com](https://www.facebook.com/appalachianheritagequilters)



## *A note from our President, Audrey Pantas*



*Happy New Year! I hope 2026 brings with it health and happiness for you and your family.*

*Kicking off the holiday season was our December AHQG Christmas party. Special thanks to Martha Williams and the committee that organized this fun event. Later in the month, my husband and I had a wonderful visit to Colorado to visit with our sons over the holidays. It was great to be together for Christmas!*

*I'm looking forward to our January meeting to see the creative interpretations of the Opposites Attract guild challenge. We will have a confirmed date for the Quilt show and will need to start working towards a successful show.*

*Looking forward to seeing you and your beautiful quilts at our January meeting and sit and sews.*

*All the best for a happy and healthy New Year!*

*Meeting agenda:*

- Welcome & introduction of new members and visitors
- Devotion (Martha Williams)
- Approval of minutes and treasurer's report
- Fat Quarter Drawing (remember to bring Fall fat quarter for a chance to win)
- Fall 2026 (Arlena Miller)
- Charity (Vicky Lowe)
- Consortium Update (Zoe)
- Quilt Show Update (Jessica Steedman)
- Other new business / announcements
- Show and Tell
- Break
- Program - \*Opposites Attract Guild Challenge

*Hope to see you soon!*

*~ Audrey*

## **\*Opposites Attract Guild Challenge**

The January program is our annual Guild Challenge - OPPOSITES ATTRACT.

- Please bring your entry, in a bag that cannot be seen though (plastic store bags are great) so no one knows who made each entry.
- Entries should be turned in at the registration desk where they will put them into a bin to be assigned random numbers and hung on the display curtains.
- Voting will take place after the break and winners are announced with ribbons awarded.
- Each participant will be asked to come to the microphone to explain their entry.

*Liana Thompson, VP Programs & Lynn Veith, Challenge Coordinator*

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## **January Fat Quarter Color - Sewist's Choice**

Bring one or more "Fat Quarters" (18" x 22" cut of fabric) to our meeting and you will be eligible to win a stack of Fat Quarters. The first name drawn gets to choose a theme or color for next month's meeting.

November First Place winner was Paula James. No theme/color was selected.



### **January Birthdays...**

- 2 - Tony Grohs
- 3 - Arlena Miller
- 4 - Jennifer Quade
- 5 - Becky Hartsock
- 9 - Eloise Kominek
- 11 - Adrienne Peters
- 17 - Liana Thompson
- 21 - Cherie Shuput
- 25 - Jill Jackson

### **February Birthdays...**

- 6 - Laura Matney
- 9 - Lois Lawson
- 12 - Sandy Babel
- 17 - Beverly Geissler
- 27 - Robin Noel

**Thoughts to Ponder - Chaplain Martha Williams**

*"Happy New Year" to everyone. I look forward to spending this year with everyone and feel blessed to have the opportunity to learn and grow together. May you all keep safe and healthy during this cold and flu season. If you have any prayer requests, please contact me at (423) 863-2652 or email me at mpw37656@yahoo.com God's blessings to all!*

*God's Blessings to all,  
Martha*

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**Treasurer's Report - January, 2026**

<b>November Beginning Balance</b>	\$7,658.90
<b>Income</b>	
• Membership & Interest	\$ 25.61
<b>Expenses</b>	
• Charity	\$ 401.37
<b>November Ending Balance</b>	\$7,283.14

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- **January 15 - Guild Meeting**
- **January 22 - Sit and Sew**
- **February 12 - Sit and Sew**
- **February 19 - Guild Meeting**
- **February 26 - Sit and Sew**

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**AHQ Quilt Show 2026 Update - Jessica Steedman, VP Quilt Show**

Happy New Year to everyone! I hope you all have a fantastic 2026.

As we begin preparations for the 2026 quilt show, please remember to continue collecting items to donate for Crafter's Corner. Additionally, Tony has had to step down due to an injury, so we are looking for a volunteer to handle the setup. Please let me know if you are willing to fill this role.

I will be reaching out to those who have already volunteered to review their responsibilities and needs. Please let me know if you have any questions.

*Best, Jessica*

**AHQ Meeting Minutes**  
**November 20, 2025**

President Audrey Pantas called the meeting to order at 6:00 p.m., and welcomed all members and visitors.

Upon a motion by Pat Carver, seconded by Connie Mulligan, the minutes of the October meeting as printed in the latest newsletter were unanimously approved.

Upon a motion by Shelly Kelley, seconded by Cherie Shuput, the Treasurer's report as printed in the latest newsletter was unanimously approved.

Chaplain Martha Williams led the devotions and presented any prayer requests.

The Fat Quarter drawing was held and first place winner was Paula James, second place winner was Jennifer Quade, and third place winner was Diane Pitterase. No color choice was announced for the January meeting.

Vicky Lowe gave an update on Charity projects. Two quilt kits are ready to be finished; batting is available for a charity quilt. Laurie Blayney informed the members that fabric is available for making chemo port covers, pillowcases, IV cover bags, and other uses. The charity selected to be highlighted at the Christmas party is the Ronald McDonald House.

Martha Williams outlined plans for the December 4th Christmas party. The party will be held in the Student Building, a food signup sheet is available, there will be a cookie exchange, games, and a gift exchange with gifts costing no more than \$15. The party will be held from 6:00-8:00 p.m.

Lynn Veith reminded the group of the Challenge to be held at the January meeting. The theme is Opposites Attract. Awards will be given for 1st, 2nd, and 3rd place. Contact Lynn with any questions.

Show and Tell was held and many beautiful quilts were shown.

After a brief break, the program was presented by Rebeca Proffitt, Director of the Reece Library at ETSU. She talked about the vintage quilts housed at the Library and provided information on storing and dating vintage quilts. It was a very informative presentation.

The meeting was adjourned around 8:00 p.m.

Minutes submitted by Barbara Kirk, Recording Secretary

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## 2025- 2026 OFFICERS - Appalachian Heritage Quilters

President - Audrey Pantas  
V.P. Programs - Liana Thompson  
V.P. Quilt Show - Jessica Steedman  
Treasurer - Fran Tafer  
Recording Secretary - Barbara Kirk  
Chaplain - Martha Williams  
Corresponding Secretary - Shelly Kelley

## CHAIR-MEMBERS

Charity Coordinator -Vicky Lowe  
Sit & Sew – Lynn Veith, Connie Carr, Laurie Blayne  
Membership – Paulette Bruggeman, Sharon Copas  
Fall Retreat – Arlena Miller  
Drive-In Retreat – Arlena Miller  
Quilt Challenge – Lynn Veith, Zoe Sibley  
T-Shirt Coordinator – Portia Sams  
Website Coordinator – Janet Henne  
Tri-Cities Guild Consortium – Zoe Sibley, Jessica Steedman

## A special Thank You to each member for their service to the guild!

**Did you know...** The oldest known surviving quilt is the *Tristan Quilt*, created in Sicily in the late 14th century (around 1360–1400), which depicts scenes from the legend of *Tristan and Isolde* and is now split between the V&A Museum in London and the Bargello in Florence. While rudimentary quilting (like quilted armor) dates back much further to ancient Egypt and China, the *Tristan Quilt* is the earliest known decorative quilt that survives in recognizable form. ~Google

