

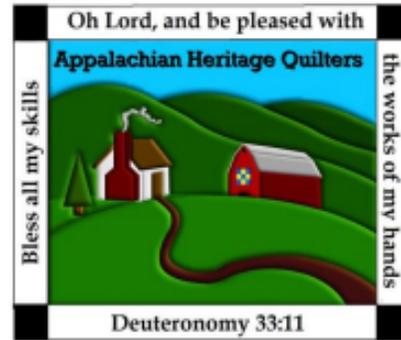
Appalachian Heritage Quilters

Crossroads Christian Church
1300 Suncrest Dr. Gray, TN
Issue 166 - January, 2026

Website:

www.appalachianheritagequilters.org

facebook: www.facebook.com



A note from our President, Audrey Pantas

Winter snowstorms in Tennessee are not fun! Pretty for a couple of days, but I was home bound for way too long, missing everyone at the cancelled sit and sew. Luckily our power stayed on and I was able to get a lot of sewing done.

If folks are interested, I will start another UFO challenge, running through 2026. I'll have information at the February meeting.

Group Sit and Sews are scheduled for:

- February 20 & 21 (Tri-cities Consortium Sit & Sew, hosted by AHQG)*
- February 26th*
- March 5th, March 12th, March 26th*

February Agenda:

- Welcome & introduction of new members and visitors*
- Devotion (Martha Williams)*
- Approval of minutes and treasurer's report*
- Blue Ridge Quilt Guild Needle Turn class opportunity (Pam Wilson)*
- Fat Quarter Drawing*
- UFO Challenge (Audrey)*
- Quilt Show Update (Jessica Stedman)*
- Program Update (Liana)*
- Consortium Update (Zoe)*
- Charity (Vicky Lowe)*
- Other new business / announcements*
- Show and Tell*
- Break*
- February Program*

Looking forward to seeing you and your beautiful quilts at our February meeting and sit and sews.

~ Audrey

February Quilt Meeting Program - Liana Thompson

This month I am excited to introduce Louise Nuttle from the Overmountain Weaver’s Guild.

She will present: “Techniques for Adding Color and Surface Design to Fabric” which is an overview of ways the home fiber artist can print, dye and paint fabric to create unique quilting materials or “upcycle” clothing and accessories. She will discuss the differences between dye and paint and include topics such as ecoprinting, ice-dyeing, solar printing and shibori dyeing. After her presentation she will have a Q&A.

Are you willing to teach a quilting technique for our March Meeting? We are having schoolhouse presentations and need more volunteers to teach a technique to our March Meeting attendees. Please reach out to Liana!

Liana Thompson, VP Programs

February Fat Quarter Color - Batiks

Bring one or more “Fat Quarters” (18” x 22” cut of fabric) to our meeting and you will be eligible to win a stack of Fat Quarters. The first name drawn gets to choose a theme or color for next month’s meeting.

January First Place winner was Jessica Steedman.



March Birthdays...

- 1 - Jeanne Maddux
- 2 - Laurie Blayney
- 5 - Barbara Kirk
- 5 - Chrissy Lawson
- 5 - Marcha Theobald
- 7 - Judy Bellamy
- 15 - Linda Lewis
- 31 - Renee Pitts
- 31 - Betty Gray

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Treasurer’s Report - February, 2026

December Beginning Balance \$7,283.14

Income - dividend	.62
Expenses - no expense	
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December Ending Balance	\$7,283.76

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- **February 19 - Guild Meeting**
- **February 20-21, Consortium Sit and Sew, Crossroads Christian Church**
- **February 26 - Sit and Sew**
- **March 5 - Sit and Sew**
- **March 12 - Sit and Sew**
- **March 19 - Guild Meeting**
- **March 26 - Sit and Sew**

2026 Retreats

- **Summer Drive-in Retreat - July 16-18, 2026, Crossroads Christian Church**
- **Fall Overnight Retreat - September 30-October 3, 4-H Center, Abingdon, VA**

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**AHQ Quilt Show 2026 Update - Jessica Steedman, VP Quilt Show**

The 2026 Quilt Show date is set for May 1-2, 2026. Set up will take place on April 30 and volunteers will be needed.

We are now collecting items for Crafter’s Corner. Please bring books, patterns and fabric to Guild Meetings and Sit and Sews. These items can be given to Janet Henne or Liana Thompson.

There will be more items to discuss at our meeting. I look forward to seeing you there!

*Best, Jessica*

**AHQ Meeting Minutes  
January 15, 2026**

Vice President of Quilt Show, Jessica Steedman called the meeting to order at 6:01 pm and welcomed members and visitors. We had 4 new members: Lori O’Neil, Jill Rich, Elizabeth Phillips and Nancy Forrester.

Martha Williams gave the devotion and shared prayer requests.

The minutes were approved by Lynn Vieth and seconded by Lisa Kleven.

The Treasurer report was approved by Donna Flynn and seconded by Shelly Kelley.

Charity Report: Vicky Lowe gave our end-of-year report on our charity giving for 2025.

We donated 302 quilts and 441 other items.

She reviewed the charities we support and what we make for them or give to them.

The Fat Quarter drawing was held. Jessica Steedman was drawn first and she chose Batiks for the February drawing. Arlene Miller was drawn 2<sup>nd</sup>.

Arlene Miller reported on the Fall Retreat on 9/30/26 – 10/3/26. It will be held at Abingdon 4-H Center. The cost for sharing rooms is \$250. Day visitor cost is \$15. We will also have the drive-in retreat in July.

Zoe Ledman reported on the Consortium. Two Sit and Sews will be held at Crossroads Christian Church the first part of the year. The event is free for all guild members. Guest cost is \$5. The Consortium will have 2 trips this year. (Go to their website for more information.)

1. Van trip to Pigeon Forge Quilt Show
2. Van trip to the Shop Hops in our area

Mountain Quilt Fest guild entry this year is around our country's 250<sup>th</sup> anniversary. We discussed a 5-person group formed to brainstorm what to make and submit from the consortium. In the 3<sup>rd</sup> and 4<sup>th</sup> quarters, they plan to bring in speakers and teachers for the consortium.

AHQ Quilt Show will be held 4/30 – 5/2. Zoe has volunteered her truck (and her husband) to help haul our stands and other equipment from the storage unit to the church.

Liana is heading the Crafter's Corner this year. She plans to make a schedule for bringing your items being donated each month. She will send those out to us for each month's items.

Jessica and Lynn will do the registration of the quilts being shown. Shelly is working on Google form for online quilt entries. We will also have paper forms for those that prefer to use them.

Portia shared the status of the T-Shirts. The price has gone up a bit this year. Short sleeve-\$10.75; Long sleeve - \$14. She is checking on being able to get sweatshirts also. She provided a sign-up sheet at the meeting. You can contact her for further information.

If you are missing e-mails to guild members, please send your contact information to Shelly Kelley so she can make corrections and ensure you are on the list.

Audrey Pantas informed the guild that there will be positions open on the board next year. There will be a nominating committee set up next month to pursue the board positions.

Show and Tell was held and many beautiful quilts and other items were shown.

After a brief break we moved to the program which was our Challenge for the year, "Opposites Attract". The entries were displayed at the back of the room during the meeting. Those that attended voted on them. The winners are:

1<sup>st</sup> place – Audrey Pantas

2<sup>nd</sup> place - Jan Zimmerman

3<sup>rd</sup> place – Jackie Smith

Congratulations to the winners! Beautiful entries from all participants!

The next meeting will be February 19<sup>th</sup>. The meeting was adjourned at 8:00 p.m.

Minutes submitted by Martha Williams for Barbara Kirk, Recording Secretary

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#### **2025- 2026 OFFICERS - Appalachian Heritage Quilters**

President - Audrey Pantas  
V.P. Programs - Liana Thompson  
V.P. Quilt Show - Jessica Steedman  
Treasurer - Fran Tafer  
Recording Secretary - Barbara Kirk  
Chaplain - Martha Williams  
Corresponding Secretary - Shelly Kelley

#### **CHAIR-MEMBERS**

*Charity Coordinator* –Vicky Lowe  
*Sit & Sew* – Lynn Veith, Connie Carr, Laurie Blayney  
*Membership* – Paulette Bruggeman, Sharon Copas  
*Fall Retreat* – Arlena Miller  
*Drive-In Retreat* – Arlena Miller  
*Quilt Challenge* – Lynn Veith, Zoe Sibley  
*T-Shirt Coordinator* – Portia Sams  
*Website Coordinator* – Janet Henne  
*Tri-Cities Guild Consortium* - Zoe Sibley, Jessica Steedman

**[A special Thank You to each member for their service to the guild!](#)**

Common Funny Quilting Acronyms & Lingo:

- [SABLE](#): Stash Accumulation Beyond Life Expectancy.
- [PIGS](#): Projects in Grocery Sacks (or Bags).
- [WOMBAT](#): Waste of Money, Batting, and Time.
- [UFO](#): Unfinished Object.
- [WIP](#): Work in Progress.
- [PHDs](#): Projects Half Done.
- [WIWMI](#): Wish It Would Make Itself.
- [PFC](#): Professional Fabric Collector.
- [FART](#): Fabric Acquisition Road Trip.
- [SQUID](#): Sewing a Quilt Until I Die.
- [TGIF](#): Thank God It's Finished!
- [WITHWIT](#): What In The Heck Was I Thinking?
- [HIPS](#): Hundreds of Ideas Piling Skyward.
- [Squishy](#): A package filled with fabric (usually from a swap or friend).
- [Wonky](#): A style of, or unintentional, imperfect patchwork.
- [Dragon Quilt](#) (DQ): A project that "drags" on forever.
- [Stash](#): Special Treasures All Secretly Hidden.